

Business Foundation Day

Two London-based business owners, Abigail and Julia, with broad and in depth knowledge as well as long experience in running businesses invite you to learn how to get the right balance between proper planning and getting the £s in.

What our January and February clients said: *"helpful advice"* *"interactive, comprehensive"*, *"Concentrated the mind on what really matters"*, **"If you are at/or near starting a business you would be hard-pressed to find a better start."**

Before you attend they will undertake a **diagnostics** on your business and **afterwards** give you up to **1 hour of follow-up mentoring sessions** over the phone or by email.

With a maximum of 6 attendees you are guaranteed time to get your specific questions answered.

On the day you will receive **in depth training, a detailed hand-out, opportunities to exchange experiences and network with business people over lunch** plus most importantly you will leave with an **individual action plan for YOUR business.**

When? Where?

Monday 16th May 2011 and **Monday 27th June 2011**

9.30 a.m. till 4 p.m.

'The Oasis Centre' 75 Westminster Bridge Road, SE1 7HS

Saturday 18th June 2011 10.00 a.m. till 4.30 p.m.

Short Street, SE1 8LP, St. Andrew's Church, 3rd floor meeting room



How much?

Only £165 for the whole package of support; including the business diagnostic and one-to-one mentoring session, valid for up to 6 weeks after attendance as well as a small lunch.

Transport for Monday's Business Foundation Days

Underground: Lambeth North and Waterloo

Overground: Waterloo Station (Westminster Bridge Road exit)

Bicycle hire docks: Lambeth North tube station and Morley College

Buses: 12, 53, 59, 148, 159, 341, 453, C10

Boat: Waterloo Millennium Pier

Transport for Saturday's Business Foundation Day

2 minutes from Underground: Southwark (Jubilee)

Overground: Waterloo East ; Buses: 45, 63, 100

15 minutes' walk from Waterloo station or Elephant & Castle tube

How do I book?

Contact Abigail Tripp: abstripp@gmail.com or 07588 50 26 15 or
Julia Thrul: juliathrul@gmx.net or 020 7928 8339

Download a booking form at

www.abscommunications.co.uk/training.html

 <p>Abigail Tripp</p>	 <p>Julia Thrul</p>
<p>Abigail advises businesses, social enterprises and charities on business strategy and marketing and is a SFEDI accredited Business Adviser</p> <p><i>"Abigail is approachable and inspirational. It's been a positive experience having her business expertise."</i> Natalie Bell, Director of Projects, SE1 United.</p> 	<p>Julia is a facilitator, trainer, lecturer on developing key managerial and entrepreneurial skills as well as career management. She works within all sectors and with individuals.</p> 